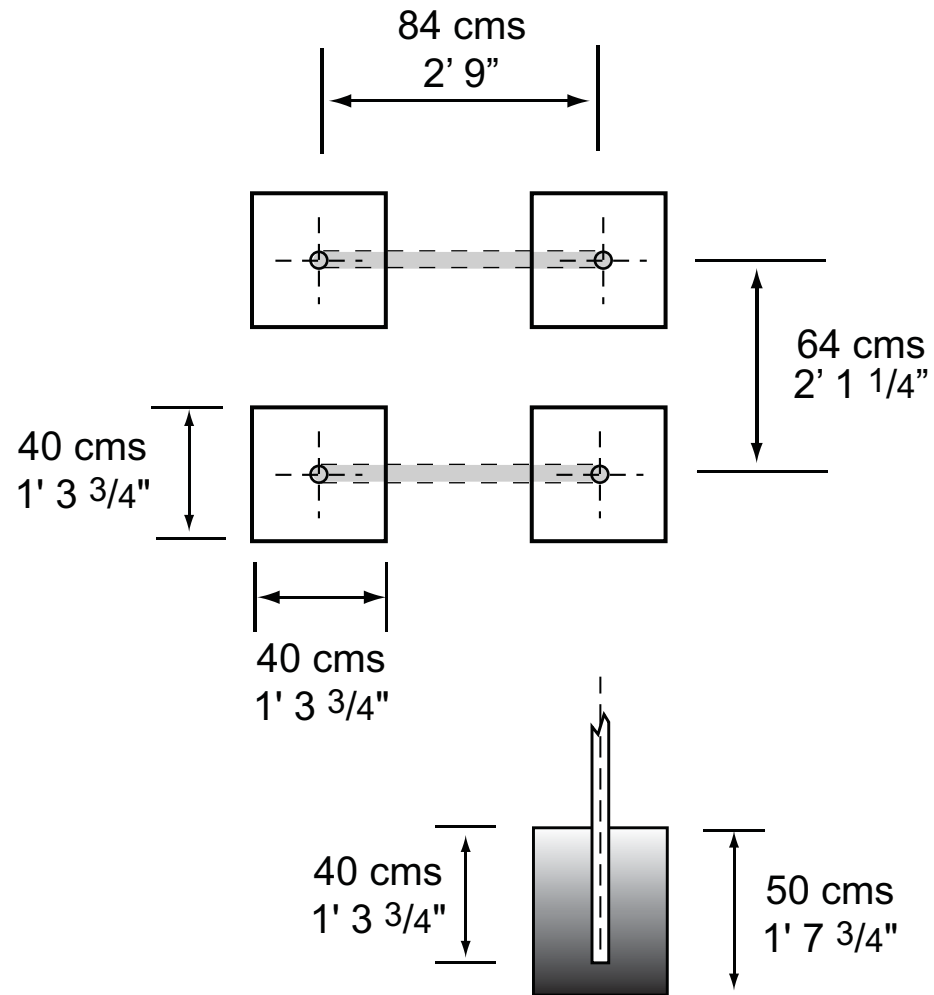
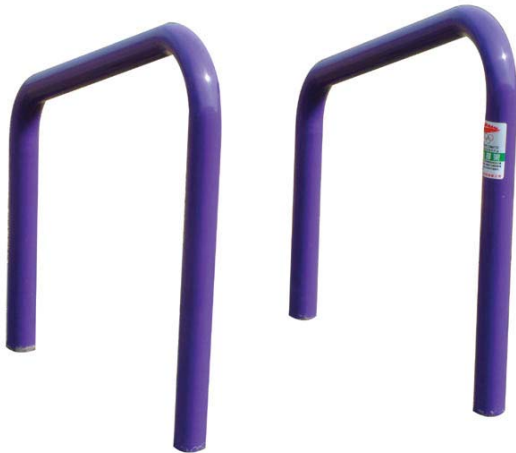


PUSH-UP STAND

Installation Drawing

OUTDOOR FITNESS

(877) 517-2200 or (719) 488-3812
support@outdoor-fitness.com



Weight

Net Weight 14.5 kgs. 32 lbs.

Ship Weight 15 kgs. 33 lbs.

Dimensions (installed above surface)

Length 89 cms 2' 11"

Width 69 cms 2' 3 1/8"

Height 35 cms 1' 1 3/4"

Note:

The distance between the bars determines the position for the push-up exercise. The distance prescribed is for adults of normal physical stature and can be adjusted inwards for younger participants.